

LTP 2019-2020

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nur/ Rec						
Year 1	Core skills	Core skills	Gymnastics	Dance	Throwing, Jumping & Running	Racket skills/ Tri - golf
Year 2	Core skills	Core skills	Multi - sports	Multi - sports	Gymnastics	Dance
Year 3	Core skills	Core skills	Gymnastics	Dance	Throwing, Jumping & Running	Striking and fielding
Year 4	Gymnastics	Dance	Hockey	Football	Throwing, Jumping & Running	Tag Rugby
Year 5	Gymnastics	Dance	Basketball	Football	Throwing, Jumping & Running	Rounders
Year 6	Gymnastics	Dance	Invasion games	Netball	Throwing, Jumping & Running	Striking and fielding games